

Sermon Notes:

Passage: Luke 24:1-12, 36-48

There are 4 descriptions that we have historically of Jesus death and resurrection as recorded by 4 different people. Each have slightly different details that give us a rounded picture of what happened.

The central theme of Easter is the Resurrection of Jesus. You may be surprised, but there are many recorded events of people that were thought to be dead, but came back to life again.

Illustration: Stories of dead people coming back to life. Medically this is called the Lazarus Syndrome. It is **defined** as a delayed return of spontaneous circulation (ROSC) after CPR has ceased. In other words, patients who are pronounced dead after cardiac arrest experience an impromptu return of cardiac activity.

Is it possible that Jesus just came back to life like this?

This theory requires that Jesus not only somehow survived the Crucifixion somehow, but He also must have recovered from the brutal torture leading up to the Crucifixion and from the Crucifixion itself.

After Jesus breathed His last, a soldier ““pierced His side with a spear, and immediately blood and water came out”” ([John 19:34](#)).

This is proof of Jesus death and the Hypovolemic shock causing cardiac arrest and death.

What meaning does the resurrection mean for me?

-For the early disciples it meant everything. The foundation of their faith was based upon this fact. It was also the resurrection that gave them hope.

1 Corinthians 15:15

Acts 4:33 (NLT)

Isaiah 25:8 (NIV)

1 Peter 1:3-5 (The Message)

What is the meaning of the resurrection? It is a brand new life. It includes a future heaven, but it is more than that. It gives us a reason to live in the here and now.

Life Group Discussion

(feel free to use any or all of these questions)

Warm Up:

Complete this sentence:

1. As a child my favourite game was.....
2. As a child my favourite movie star or athlete was....

Study & Discussion:

Read together: 1 Peter 1:3-5

Peter connects the Resurrection of Jesus to an inheritance kept up in heaven for us. In your opinion what is he referring to? What is the inheritance God has for us?

Why does Peter say that it is beyond the reach of change and decay in verse 4?

Read together: 1 Peter 1:6-7

What are some of the purposes that Peter puts forth in regards to the Trials that we experience in this life?

Read together: 1 Peter 8-9

How is it possible to love and trust someone that you have never met?
What is the result of your trust in Jesus?

In what ways do you struggle when it comes to trusting God?

Prayer:

1. Pray for each others individual needs? Also.....
2. Is there someone outside the group you would like prayer for?